GOHER WASHROOM ACCESS PROGRAM

A SMALL ACTION WITH BIG IMPACT





Imagine living with abdominal pain, fatigue, severe cramping, and frequent and urgent bowel movements, in some cases over 20 times a day. These are only a few of the life-altering symptoms individuals taking on Crohn's disease or ulcerative colitis, the two main forms of inflammatory bowel disease (IBD), experience on a daily basis. Currently 270,000 Canadians live

with IBD, and the scientific community expects this number to rise to 400,000 by 2030. Recognized as chronic and invisible diseases as symptoms are not readily noticeable, we are working hard to break down barriers affecting quality of life.

A primary concern for individuals living with IBD or other health conditions that cause incontinence is washroom access, which is why we created the GoHere Washroom Access Program. Through partnerships with organizations, both large and small, we are working to improve accessibility in communities from coast to coast by ensuring washroom facilities are readily available.



An initiative proudly supported by the Government of Canada



Over 3,500 registered locations across Canada



A program supporting 270,000 Canadians living with Crohn's disease or ulcerative colitis



Supported by businesses, municipalities, and the federal government

To know you are welcome to use washroom facilities in businesses registered with the GoHere program, even if you're not a paying customer, relieves a lot of the stress and anxiety associated with Crohn's disease and ulcerative colitis.

EMMA, P.E.I.

Get involved today.





OUR GOHERE PROGRAM FEATURES THREE COMPONENTS:







- GoHere Decal: The window decal indicates washroom facilities are available for use.
- GoHere Washroom Locator App: Available on iOS, Android and BlackBerry World, the free app allows individuals to quickly identify registered locations.
- GoHere Washroom Access
 Card: Available in print or digital format, the personalized card enables individuals to show proof of medical need when requesting access.

One small gesture, opening the doors to washroom facilities at your organization, will make a big impact on the lives of individuals living in or visiting your community.

Today, we invite you to help us make a difference.

Visit crohnsandcolitis.ca/gohere to register for our GoHere program.

ABOUT CROHN'S AND COLITIS CANADA

Crohn's and Colitis Canada is on a relentless journey to find the cures for Crohn's disease and ulcerative colitis and improve the lives of children and adults affected by these chronic diseases. We are the country's largest volunteerbased organization with this mission and are one of the top

two health charity funders of Crohn's and colitis research in the world, investing over \$135 million in research to date. We are transforming the lives of people affected by Crohn's and colitis through research, patient programs, advocacy, and awareness. Visit crohnsandcolitis ca for more information.



To donate now please call 1-800-387-1479 or visit **crohnsandcolitis**•**ca**Follow us **@getgutsycanada** on **f y o**Registered Charity | #11883 1486 RR 0001

